

Maine

Nutrition and Physical Activity Program to Prevent Obesity and Other Chronic Diseases (Web site under development)

<p>The Epidemic</p> <p>59% of Maine adults are overweight or obese. (CDC BRFSS, 2002)</p> <p>27% of Maine high school students and 30% of Maine middle school students are overweight or at risk of becoming overweight. (Maine YRBSS, 2003)</p> <p>36% of Maine kindergarten students are overweight or at risk of becoming overweight. (Maine Child Health Survey, 2002)</p> <p>32% of low-income children between 2 and 5 years of age in Maine are overweight or at risk of becoming overweight. (CDC PedNSS, 2002)</p> <p>The obesity rate among Maine adults increased by 70% from 1990 to 2002. (CDC BRFSS, 1990, 2002)</p>	<p>Program Priorities</p> <p>Key stakeholders, including the Maine Physical Activity and Nutrition (PAN) Coordinating Council, are working to develop the state Physical Activity and Nutrition Plan. This effort is organized around four setting-specific work groups:</p> <ul style="list-style-type: none">➤ Schools➤ Worksites➤ Health-care venues➤ Communities <p>The obesity prevention coordinated infrastructure includes key stakeholders, the PAN Coordinating Council, and the PAN Advisory Group. The Advisory Group is made up of non-government members whose purpose is to organize key stakeholders and to inform, communicate, and advocate regarding the goals of the Physical Activity and Nutrition Program.</p> <p>One intervention is currently being piloted: The A la Carte and Vending Machine Policy intervention is intended to improve the availability of nutritious food selections in public schools. It is being pilot tested at the high school level.</p>
<p>Recent Accomplishments and Products</p> <ul style="list-style-type: none">➤ Established the Physical Activity and Nutrition (PAN) Coordinating Council.	<p>Upcoming Events and Products</p> <ul style="list-style-type: none">➤ A comprehensive state Physical Activity and Nutrition Plan➤ A logic model for the state Physical Activity and Nutrition Program
<p>Partners</p> <p>Healthy Maine Partnerships Maine Bureau of Elder and Adult Services Maine Cardiovascular Health Program Maine Center for Public Health Maine Department of Agriculture Maine Department of Education Maine Harvard Prevention Research Center Maine Diabetes Prevention and Control Program Maine Maternal/Child Health Nutrition Program Maine Nutrition Network Maine Women, Infants and Children Program U. of Southern Maine Edmund S. Muskie School of Public Service</p>	<p>Project Period: 2003-2008 Year First Funded: 2003 Funding Stage: Capacity Building Contact Person: Lori A. Kaley, MS, RD, LD, MSB Coordinator, Community Health Initiatives Institute for Public Sector Innovation University of Southern Maine Telephone: 207-626-5258 Fax: 207-626-5210 E-mail: lori.kaley@Maine.gov</p>



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